

Poway Country Preschool
Schedule Example

6:00-8:00	Bonus Room Combined Free Activity Time & Bathroom Break
8:00-8:15	Yoga
8:15-8:30	Snack Option
8:30-8:45	Morning Question of the Day & Language Circle (Reading)
8:45-9:00	Daily Doodle and Printing Practice
9:00-9:45	Outside Time
9:45-10:00	Project Circle
10:00-10:30	Project Activity: Science and/or Art
10:30-11:15	Center Activities & Daily Math Skill Highlight/Worksheet
11:15-11:45	Lunch
11:45-12:00	Clean up, Potty Breaks & Story time (Book of the Day)
12:00-2:00	Nap
2:00-2:15	Clean up, Potty Breaks
2:15-2:30	Snack Option
2:30-3:30	Center Activities Friday: Piggy Bank Accounts
3:30-3:45	Music and Movement
3:45-4:00	Closing Circle: What did we learn?, What are we doing tomorrow?
4:00-5:00	Outside Time
5:00-6:00	Bonus Room Combined Free Activity Time (*Varies on the season)